

31.1.22 – 18.3.22

This booklet has everything you need to know  
about your home learning **31.1.22-18.3.22**

# Frequently Asked Questions

## What work should we aim to do each day?

- A session of maths and English each day
- Theme work (a little bit each day or a block of time each week)
- Short sharp blasts of basic skills  
e.g. reading, handwriting, times tables

We are aware that the circumstances for every family are different. Teachers will work with you to help and support.

The important learning activities have a  next to them.

## How do we share the work?

E-mail your work to [year1@ns.coastandvale.academy](mailto:year1@ns.coastandvale.academy)  
Your teachers are looking forward to seeing your work and will talk to you about it when they phone each week.

## How can we organise our day?

Here are some suggestions about how to organise your day based on what some other families are doing.

Your teacher can help find a routine that works for you and your family and can suggest learning activities that can be done through play.

### Example 1

|    |       |  |         |  |                          |                              |               |
|----|-------|--|---------|--|--------------------------|------------------------------|---------------|
| M  | Maths |  | English |  | Exercise                 | Handwriting<br>Daily Reading |               |
| T  | Maths |  | English |  | Reading Eggs             | PSHE                         | Exercise      |
| W  | Maths |  | English |  | Theme Project            |                              | Daily Reading |
| Th | Maths |  | English |  | Daily Reading<br>Numbots | Theme Project                |               |
| F  | Maths |  | English |  | Exercise                 | Daily Reading                | Music         |

### Example 2

|    |               |       |                          |   |
|----|---------------|-------|--------------------------|---|
| M  | Maths         | PSHE  | Family Time and Exercise | Finishing each day practising:<br><br>reading<br>handwriting<br>spellings<br>maths skills |
| T  | English       | Theme |                          |   |
| W  | Maths         | Music |                          |   |
| Th | English       | Theme |                          |   |
| F  | Theme Project |       |                          |   |

### Example 3

|    |                          |  |         |  |                                     |       |
|----|--------------------------|--|---------|--|-------------------------------------|-------|
| M  | Theme                    |  | English |  | Choose an activity from the booklet |       |
| T  | Family Time and Exercise |  |         |  |                                     |       |
| W  | Theme                    |  | Maths   |  | Reading Time                        | PSHE  |
| Th | Theme                    |  | English |  |                                     | Music |
| F  | Theme                    |  | Maths   |  | Choose an activity from the booklet |       |

## Year 1 Lessons



We are using the Oak National Academy lessons as part of our home learning offer.

Year 1 lessons that link to our year group curriculum are added to the Year 1 page of the school website.

Here is the link to find the lessons that link to our current in-class learning:  
<https://www.newbyandscalby.coastandvale.academy/for-pupils/classes/year-one/>

Your teacher can suggest an offline alternative.



## Theme Project

### Complete a project about **Our World**

Your project can be completed over a number of days.

You can use the knowledge organiser on the next page to get you started and help you decide what to find out more about

### **Our World**

You can also use the Oak National Academy lessons to learn more about **Our World** and add this to your project.

You can also research using books from home or the internet or by asking a grown up.

There are some ideas for things you can do on this page.



Here are the links to the **Our World** lessons:

<https://classroom.thenational.academy/units/seven-continents-cf8c>

<https://classroom.thenational.academy/units/london-in-the-united-kingdom-shared-with-history-ey-transition-unit-b8a0>

<https://classroom.thenational.academy/units/oceans-and-seas-a546>

Here are some BBC Bitesize links to help with your research:

UK: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/z4v3jhw>

Europe: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/zhw7vk7>

Africa: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/znxp92p>

North America: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/z49dnrd>

South America: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/zr2h47h>

Oceania: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/zf26rj6>

Asia: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/zvnvjhw>

Antarctica: <https://www.bbc.co.uk/bitesize/topics/zyhp34j/articles/zjg46v4>

### Project Ideas

**Make a fact file about one of the continents. You could include:**

**Maps**

**Countries that make up the continent**

**Flags**

**Landmarks**

**Animals that live there**

**Weather**

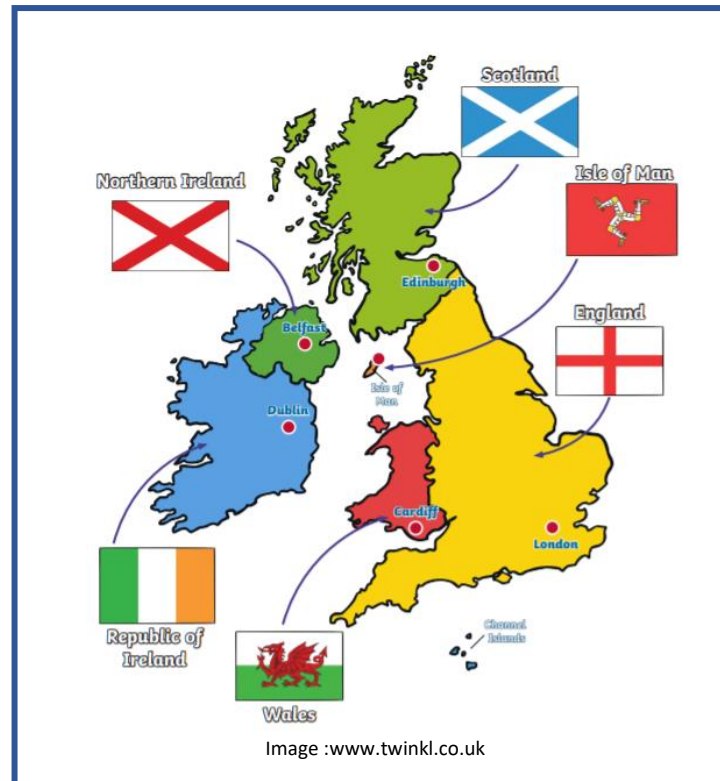
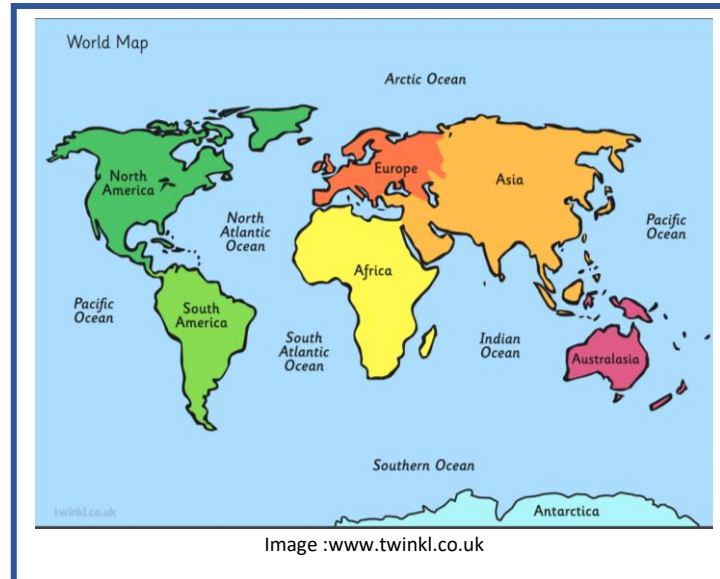
# Knowledge Organiser

## Our World

### Glossary of important words and definitions

| Vocabulary | Definition  |
|------------|---|
| continent  | A group of countries                              |
| ocean      | A large area of salt water                        |
| atlas      | A book with maps of different countries           |
| globe      | A sphere shape that has a map of the world on     |
| Equator    | A line that is exactly half way around the world. |

Oceania, Europe, North America, South America, Asia, Africa, North Pole, South Pole  
 Arctic Ocean, Southern Ocean, Indian Ocean, Atlantic Ocean, Pacific Ocean  
 England, Ireland, Northern Ireland, Scotland, Wales hemisphere



### Facts and Important Information

There are 7 continents

There are 4 countries in the United Kingdom

London is the capital city of England

There are 5 oceans

We use an atlas or a globe to find out where different countries are.

# Daily Maths Activities

Have a go at some of these activities each day.



**Roll your dice ten times.** Which numbers are **odd**? Which numbers are **even**? Record in a table.

**Roll your dice twice** to make a **two-digit number** e.g. 46

What is **one less** than the number?

What is **one more** than the number?

**Roll your dice** and record the number e.g. 4  
What do you **add** to **make 10**?  
e.g.  $4 + 6 = 10$

**Roll your dice twice** to make two numbers e.g. 3 and 5

Which number is **bigger**?

e.g. 5 is bigger than 3.

**Roll again.**

Is that number **bigger** or **smaller**?

Can you arrange them on a **number line**?

**Roll your dice twice** to make a **two-digit number** e.g. 12

**Roll again.** e.g. 6

Can you **add** or **subtract** those two numbers?

e.g.  $12 + 6$  or  $12 - 6$

**Roll your dice twice** to make a **two-digit number** e.g. 54

Can you **count on** to 100?

Can you **count backwards** to 0?



<https://numbots.com/>

Use your username and password to login.

Use the hundred square for more number activities.  
Below are some examples.

|    |    |    |    |    |    |    |    |    |     |
|----|----|----|----|----|----|----|----|----|-----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10  |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30  |
| 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40  |
| 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50  |
| 51 | 52 | 53 | 54 | 55 | 56 | 57 | 58 | 59 | 60  |
| 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70  |
| 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80  |
| 81 | 82 | 83 | 84 | 85 | 86 | 87 | 88 | 89 | 90  |
| 91 | 92 | 93 | 94 | 95 | 96 | 97 | 98 | 99 | 100 |

**Guess my number.**

Choose a number from the hundred square or ask a partner to.

Use questions to guess the number!

Can you guess their number or can they guess yours?

For example:

- Is it more than 10?
- Is it an odd number?
- Does it end in a 4?
- Is it less than 70?

**Missing number.**

Ask someone to cover a square.

Can you work out what the missing number is?

**Numbers in words.**

Pick a number. Can you write it out in words? e.g.  $24 = \text{twenty four}$



## Daily English Activities

Do some of these each day.  
The most important activities  
have a ★ next to them



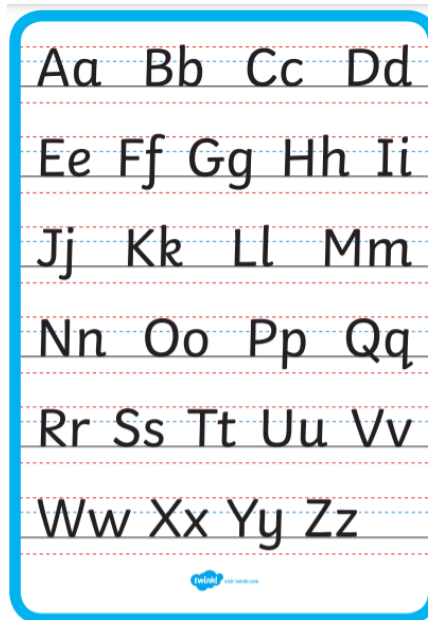
<https://www.readingeggs.co.uk>  
Use your username and password to login.



### Writing and Handwriting

Practise your letter formation making sure you  
start and finish in the correct place.

Your letters need to sit on the line.



### Phonics

Have a look at  
<https://www.phonicsplay.co.uk/>  
and have a go at the  
<https://www.phonicsplay.co.uk/resources/phase/2/picnic-on-pluto> game.

Can you sound out the word?  
Can you blend the sounds together to  
read the word?  
Can you decide if it's a real or made up  
word?

**PhonicsPlay**



### Reading

Read lots!

**Read your reading book every day.**

Remember, the Pop-up Porch Library is available if someone is able to visit and choose a new book on your behalf.

# FUN IDEAS TO TRY

If you run out of activities to do,  
here are some extras.

CHOOSE YOUR FAVOURITES

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# Internet Safety Activities

<https://www.saferinternet.org.uk/advice-centre/young-people/resources-3-11s>

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Play “First letter, last letter”. Think of a starting word. Your next word has to start with the last letter of the previous word. For example, house- elephant- train- nest.

**Be a film critic.**

Watch your  
**favourite film** and  
write a review for it.

**Be a film critic.**

Watch your  
**favourite film** and  
write a review for it.

Draw your **self-portrait**

Look carefully in a mirror to help you.

Draw your **self-portrait**

Look carefully in a mirror to help you.

Help around the house.

**Can you help do one thing each day?**

Help around the house.

**Can you help do one thing each day?**

**Make a jigsaw.**

Draw a picture  
and then cut it up  
into different  
shapes.

**Make a jigsaw.**

Draw a picture  
and then cut it up  
into different  
shapes.

Play your favourite music.

Dance and sing.

**Perhaps put on your own concert!**

Play your favourite music.

Dance and sing.

**Perhaps put on your own concert!**

Play your favourite music.

Dance and sing.

**Perhaps put on your own concert!**

**“Words *for* Life”**

<https://wordsforlife.org.uk/>

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**Physical Activity**  
**Bingo**

Physical Activity  
for the Whole Family

#getmovingwithbingo

Complete P.E.  
Every Child  
Every Day

25  
Schools  
Participating

|                           |                            |                                |                            |                              |                     |
|---------------------------|----------------------------|--------------------------------|----------------------------|------------------------------|---------------------|
| Jump up and down 10 times | Play musical chairs        | Roll a ball across the room    | Name 5 items that are red  | Jump up and down 10 times    | Play musical chairs |
| Run in place 10 times     | Release a balloon 10 times | Place a ball against your back | Release a balloon 10 times | Name 5 items that are blue   | Perform 10 push ups |
| Run in place 10 times     | Release a balloon 10 times | Place a ball against your back | Release a balloon 10 times | Name 5 items that are green  | Perform 10 push ups |
| Run in place 10 times     | Release a balloon 10 times | Place a ball against your back | Release a balloon 10 times | Name 5 items that are yellow | Perform 10 push ups |
| Run in place 10 times     | Release a balloon 10 times | Place a ball against your back | Release a balloon 10 times | Name 5 items that are orange | Perform 10 push ups |
| Run in place 10 times     | Release a balloon 10 times | Place a ball against your back | Release a balloon 10 times | Name 5 items that are purple | Perform 10 push ups |

**How to play:**

Choose one challenge in the physical activity list to call out in the blue squares in the bingo card.

If you are finding some of the activities hard, change them to have a rest and your challenge.

When you complete a challenge make sure that you

|                     |                     |                     |                     |                     |                     |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups |
| Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups |
| Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups |
| Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups |
| Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups |
| Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups | Perform 10 push ups |

**Achieve Gold**

Complete 10 of the activities

**Achieve Silver**

Complete 5 of the activities

**Achieve Bronze**

Complete 3 of the activities

# Try the Physical Activity Bingo Challenge in your previous pack.

## **Pebble Art**

Use coloured pens or paints to decorate a pebble.

Will you create an animal or a face or a message or something different?

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Use coloured pens or paints to decorate a pebble.

Will you create an animal or a face or a message or something different?

Go on a  
scavenger hunt.

Can you find  
something for  
each letter of the  
alphabet?

Go on a  
scavenger hunt.

Can you find  
something for  
each letter of the  
alphabet?