



This booklet has everything you need to know
about your home learning for **Spring 1**.

Frequently Asked Questions

What work should we aim to do each day?

- A session of maths and English each day
- Theme work (a little bit each day or a block of time each week)
- Short sharp blasts of basic skills
e.g. reading, handwriting, times tables

We are aware that the circumstances for every family are different.
Teachers will work with you to help and support.

The important learning activities have a  next to them.

How do we share the work?

E-mail your work to eyfs@ns.coastandvale.academy
Your teachers are looking forward to seeing your work and
will talk to you about it when they phone each week.

How can we organise our day?

Here are some suggestions about how to organise
your day based on what some other families are
doing.

Your teacher can help find a routine that works
for you and your family and can suggest learning
activities that can be done through play.

Example 1

M	Maths		English		Exercise	Handwriting Daily Reading	
T	Maths		English		Reading Eggs	PSHE	Exercise
W	Maths		English		Theme Project		Daily Reading
Th	Maths		English		Daily Reading Numbots	Theme Project	
F	Maths		English		Exercise	Daily Reading	Music

Example 2

M	Maths	PSHE	Family Time and Exercise	Finishing each day with some: reading handwriting spellings maths skills
T	English	Theme		
W	Maths	Music		
Th	English	Theme		
F	Theme Project			

Example 3

M	Theme		English		Choose an activity from the booklet	
T	Family Time and Exercise					
W	Theme		Maths		Reading Time	PSHE
Th	Theme		English			Music
F	Theme		Maths		Choose an activity from the booklet	

EYFS Lessons



We are using the Oak National Academy lessons as part of our home learning offer.

EYFS lessons that link to our year group curriculum are added to the EYFS page of the school website.

Here is the link to find the lessons that link to our current in-class learning:
<https://www.newbyandscalby.org.uk/for-pupils/classes/reception/>

Your teacher can suggest an offline alternative.



Theme Project

Can you find out all about **People who help us?**

Your learning can take place over a number of weeks.

You can use the Knowledge Organiser on page 6 to get you started and help you decide what to find out more about.

You can also use the Oak National Academy lessons to learn more about **people who help us**.

You can find out more using books from home or the internet or by asking a grown up.

There are some ideas for things you can do on this page and the next page.



Here are the links to the **People who help us** lessons:

<https://classroom.thenational.academy/units/people-who-help-us-doctors-and-nurses-2f36>

<https://classroom.thenational.academy/units/people-who-help-us-police-officers-043a>

<https://classroom.thenational.academy/units/people-who-help-us-firefighters-587b>

<https://classroom.thenational.academy/units/jobs-b635>

<https://classroom.thenational.academy/units/transport-0359>

<https://classroom.thenational.academy/units/journeys-4ffb>

People who help us videos, games and activities:

<https://learnenglishkids.britishcouncil.org/games/job-mixer>

<https://www.bbc.co.uk/cbeebies/radio/when-i-grow-up-police-officer>

<https://www.bbc.co.uk/cbeebies/puzzles/hospital-heroes-sounds-quiz?collection=radio-hospital-heroes>

<https://www.bbc.co.uk/cbeebies/watch/lets-play-nursing>

People who help us stories:

<https://www.bbc.co.uk/cbeebies/radio/sarah-and-duck-sarah-gets-a-cold>

<https://www.youtube.com/watch?v=AvuHfFq6gl4> (Pete the Cat – Firefighter Pete)

Project Ideas

- Think about what you would like to be when you grow up. Can you act this out at home? Maybe you could involve your teddies or family!
- Junk modelling – Can you make a hospital, a fire engine, an ambulance or a police car to play with? You could even put some toy figures inside!
- Drawing – Pick one of the jobs we have been learning about. Can you draw the uniform and the things someone might need to do that job?
- Talk with your grown-ups about how firefighters and police officers keep us safe. Do you know what to do in an emergency? Can you create a poster to put in your home reminding everyone how to stay safe?
- Can you design, plan and build something that flies? Or a bridge like and engineer?
- Remember you can send your work to eyfs@ns.coastandvale.academy for us to see!

Knowledge Organiser

People who help us

Try to learn as many facts as you can!

Glossary of important words and definitions

Vocabulary	Definition
Emergency Services	The police, fire service and ambulance service make up the 'emergency services' You can ring them in an emergency and they will come and help.
Emergency	When something unexpected happens and it needs action straightaway.
Equipment	Things that are used for a particular job or activity.
Uniform	A special suit of clothing worn by a group of people.
Transport	Moving people or things from one place to another.

Image from <https://www.focuseducational.com/product/People-Who-Help-Us-Bee-Bot-Activity-Mat/221>



Image from <https://www.theschoolrun.com/homework-help/people-who-help-us>



Facts and Important Information

Some police drive cars with sirens and flashing lights on but others may ride on motorbikes, bicycles, boats, helicopters and even horses!

Firefighters have to wear very special fire-resistant clothes including a coat, trousers, safety boots, a special hood, a helmet and goggles and all of this is really heavy.

Hundreds of years ago horses and carts were used as an ambulance.

Doctors and nurses have lots of equipment to check different parts of our bodies, for example a stethoscope and a thermometer.

There are lots of other people who may help us in our community. Traffic wardens, opticians, refuse collectors, vets, postal workers and many more!

Daily Maths Activities

Have a go at some of these activities each day.



<https://www.bbc.co.uk/cbeebies/topics/numeracy>



<https://www.bbc.co.uk/cbeebies/shows/numberblocks>



<https://numbots.com/>

Use your username and password to login.

Less or more: Have a go at building two towers with the cubes. Count the cubes in each one. Which one has less and which one has more? How do you know? Grown-ups –challenge your child to build a tower which has less or more cubes than your tower or a certain number.

Counting: Use the numbers from previous learning packs or write out a mixture of numbers 1-20. Count out the correct number of cubes to go with each number.



Sorting: Your cubes will be lots of different colours. Can you sort them by colour and count how many you have of each colour? Which colour do you have most/least of? Can you make a bar or tally chart of colours?

Patterns: Can you make a 2 or 3 part pattern using the different coloured blocks in your packs?

Addition and subtraction: Make 2 groups of blocks. Can you add them up and see how many you have altogether?
Grown-ups – Challenge your child by writing number sentences (using + & -) and support them to use the blocks to work out the answers.



Counting actions: Choose an action like clapping, jumping or hopping. Now roll the dice and perform your chosen action that many times! For an extra challenge roll the dice 2 times and add the numbers together!

Counting and taking turns: In your pack you will find a sheet with the snakes and ladders game on! Use your dice to play this game with someone in your family. Remember you will need to take turns and count forward from the space you are on each time. Who will be the first to get to 20?

Roll a tower: Roll your dice and write that number on a piece of paper or your whiteboard. Now build a tower using your blocks on top of that number.

Roll a snowman: The children loved this one at Christmas time! Draw out a snowman and give each body part a number from 1-6. Now take it in turns to roll the dice and draw your own snowman. Who will be the first to complete their snowman?

Dice addition: Roll the dice twice and use these numbers to make an addition number sentence (e.g. $2 + 6 =$)

Number recognition: Write the numbers 1-6 lots of times all over a piece of paper. Now roll the dice and cross off each number as you roll it.

Daily English Activities

Have a go at some of these activities each day.

Phonics

Have a look at

<https://www.phonicsplay.co.uk/resources/phase/2/buried-treasure>

and have a go at the buried treasure game.

Can you sound out the word?

Can you blend the sounds together to read the word?

Can you decide if it's a real or made up word?

PhonicsPlay



Reading

Read lots!

Read your reading book every day.

Remember, the Pop-up Porch Library is available if someone is able to visit and choose a new book on your behalf.



<https://www.readingeggs.co.uk>

Use your username and password to login.

FUN IDEAS TO TRY

If you run out of activities to do,
here are some extras.

CHOOSE YOUR FAVOURITES

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Internet Safety Activities

<https://www.saferinternet.org.uk/advice-centre/young-people/resources-3-11s>

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Play “First letter, last letter”. Think of a starting word. Your next word has to start with the last letter of the previous word. For example, house- elephant- train- nest.

Be a film critic.

Watch your
favourite film and
write a review for it.

Be a film critic.

Watch your
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Draw your **self-portrait**

Look carefully in a mirror to help you.

Draw your **self-portrait**

Look carefully in a mirror to help you.

Help around the house.

Can you help do one thing each day?

Help around the house.

Can you help do one thing each day?

Make a jigsaw.

Draw a picture
and then cut it up
into different
shapes.

Make a jigsaw.

Draw a picture
and then cut it up
into different
shapes.

Play your favourite music.
Dance and sing.
Perhaps put on your own concert!

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Perhaps put on your own concert!

“Words *for* Life”

<https://wordsforlife.org.uk/>

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Physical Activity Bingo
Physical Activity for the Whole Family
Play at home or in the park

Complete P.E.
Physical Education
Primary School

How to play:

- Choose a number to complete a physical activity task. It will be marked on the card.
- Get your classmate to complete the activities in the blue squares.
- Get your classmate to complete the activities in the blue squares.
- If you are finding some of the activities hard, change them to something easier.
- When you have completed all the activities, mark them on the card.
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Prizes

- Achieve Gold**
Complete all 25 activities
- Achieve Silver**
Complete 20 activities
- Achieve Bronze**
Complete 15 activities

Physical Activity Bingo Grid:

Jump up and down 10 times	Play a game of tag	Roll a ball to a friend	Stretch your arms and legs	Do a handstand	Play a game of tag
Run in place for 30 seconds	Stretch your arms and legs	Push a ball to a friend	Stretch your arms and legs	Do a handstand	Play a game of tag
Complete 10 push-ups	Stretch your arms and legs	Roll a ball to a friend	Stretch your arms and legs	Do a handstand	Play a game of tag
Stretch your arms and legs	Stretch your arms and legs	Push a ball to a friend	Stretch your arms and legs	Do a handstand	Play a game of tag
Complete 10 push-ups	Stretch your arms and legs	Roll a ball to a friend	Stretch your arms and legs	Do a handstand	Play a game of tag

Pebble Art

Use coloured pens or paints to decorate a pebble.

Will you create an animal or a face or a message or something different?

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Use coloured pens or paints to decorate a pebble.

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Use coloured pens or paints to decorate a pebble.

Will you create an animal or a face or a message or something different?

Go on a
scavenger hunt.

Can you find
something for
each letter of the
alphabet?

Go on a
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